

# Megan's journey of growth at Cara

## From Support Worker to Head Office



At Cara, career paths are as diverse as the people who make up our incredible team. For Megan, what began as a hands-on role supporting clients has evolved into a secondment position in Payroll - an opportunity that has broadened her skills and deepened her understanding of how Cara operates behind the scenes.

Starting as a Client Support Worker in Short Term Accommodation (STA) with Cara in 2014, Megan spent years directly supporting clients, ensuring they received the best care possible.

In 2020, when COVID-19 temporarily paused STA services, she stepped up to assist Head Office, gaining valuable experience in the Cara Connect and Rostering teams.

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This opportunity opened the door to her current secondment role in Payroll, where she has been working since November 2024.

Her permanent role as Workforce Planning Team Leader allows her to apply her expertise in workforce coordination while continuing to support Cara's mission.

The transition from frontline care to business operations wasn't without its challenges, but it provided invaluable learning experiences.

"While I loved supporting clients directly, gaining a deeper understanding of Cara from a business perspective has been incredibly rewarding," she says.

A key focus has been expanding her knowledge of the NDIS, ensuring that funding aligns with clients' needs, goals, and care requirements.

At the heart of Megan's journey is a passion for empowering people with disabilities to thrive.

"I take great pride in finding creative solutions to help clients overcome physical and intellectual barriers, enabling them to experience life to the fullest."

Megan's commitment extends beyond clients to fellow staff, ensuring support workers feel valued and appreciated - just as she once did in their role.

Throughout her journey, Cara has been a place of opportunity, growth, and flexibility.

**“Cara not only values professional development but also understands the importance of work-life balance, allowing me to work from home when needed. Their investment in training has given me the confidence to continue evolving in my career.”**

From frontline support to an essential business function, Megan's story is a testament to Cara's commitment to developing its people. No matter where you start, the opportunities to grow and make an impact are endless at Cara!

Cara is more than just a workplace - it's a community built on passion, purpose, and the drive to make a difference to the lives of people living with disabilities.

As one of South Australia's leading disability service providers, Cara offers a supportive and inclusive environment where employees are valued, empowered, and given opportunities to grow.

Whether working directly with clients or behind the scenes, every team member plays a vital role in helping people with disabilities live fulfilling, independent lives.

With a strong focus on professional development, work-life balance, and career progression, Cara can provide a meaningful career for those who want to create a lasting impact - just like Megan!

**If you're interested in a rewarding career with purpose, working alongside people with disability, we'd love to hear from you.**

**To check out our current job opportunities and apply online, visit [www.cara.org.au/about-cara/careers/](http://www.cara.org.au/about-cara/careers/)**

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