

Client corner

Celebrating your achievements



A heartfelt celebration: Nathan joins family wedding festivities

It was our honour to support Nathan in building his confidence and ensuring he could fully enjoy his brother's special day alongside his family.

A heartfelt thank you to Cara team member Georgia, whose dedication and creativity were instrumental in preparing Nathan for the occasion.

Georgia developed personalised resources to help Nathan feel ready and comfortable, making the day a joyful and memorable experience.

At Cara, we are passionate about creating opportunities for joy, purpose, and belonging, and we are so proud to see this come to life in moments like these.

On behalf of the team at Cara - congratulations to the newlyweds - wishing you a lifetime of love, health and special moments together!

New year, new goals



Sonya

Making waves in hydrotherapy

Sonya is embracing hydrotherapy as part of her 2025 goals, and she's loving every moment!

Through regular sessions, she's building muscle strength, increasing physical activity, and working towards a healthier weight - all while enjoying the water.



Nick

From the garage to the streets: Nick's car comeback

Nick's key goal for 2025 is to get his Falcon back on the road. He has fond memories of driving it, especially during the Jaf's Last Cruise of the Year 2019, one of SA's largest car cruises.

Unfortunately, the vehicle has been off the road for about two years due to power steering issues but is now close to being repaired. Can't wait to see you cruising around, Nick!

At Cara, we support our clients to live life the way they choose, helping them to achieve their goals and explore hobbies and interests.

With the new year in full swing, we asked some of our amazing clients what their #1 goal is for 2025...



Bec

Sightseeing in Sydney

Bec's goal for 2025 is to take a holiday in Sydney, and the Cara team has been working together to make it happen. They have been conducting risk assessments, exploring accommodation options, and researching activities with Bec that she will enjoy.

This trip is more than just a getaway - it's an opportunity for Bec to explore new experiences, build confidence, and create lasting memories. With support from the local Flight Centre team - who are just as excited to help Bec achieve her goal - the planning is well underway!

Stepping back into rhythm: Sandy's finding her groove

This year, Sandy is eager to return to dance classes with a fresh sense of enthusiasm and anticipation. In 2024, she had the wonderful opportunity to participate in dance classes, concluding in a performance alongside her peers and in front of her family - an experience she truly cherished.

Returning to dance will not only allow Sandy to continue developing her skills but also provide her with a sense of connection, accomplishment, and the joy of self-expression.



Sandy

A holiday to remember for Kylie

Kylie has set an exciting goal to take a holiday of her choice this year, with support from Cara to help bring her plans to life. Having the opportunity to plan and experience a trip tailored to her interests will give Kylie the chance to explore new surroundings, enjoy meaningful experiences, and create special memories.

With Cara's support, she can travel with confidence, knowing her needs will be met every step of the way. We look forward to seeing where your heart takes you, Kylie!



Kylie

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