

Client corner

Celebrating your achievements



Matthew regains independence

Matthew has regained his independence in eating! After a couple of years of requiring full assistance, Matthew's Client Services Manager (CSM) and support staff worked closely with his speech therapist to explore the possibility of returning to independent eating.

A monitored trial was conducted to ensure it was safe and achievable, and with the right support in place, Matthew has successfully transitioned back to eating with supervision.

This is a fantastic step towards greater independence, and it wouldn't have been possible without the dedication of Matthew's support team. Their advocacy, encouragement, and belief in his abilities have made all the difference.

Well done, Matthew!

At Cara, we celebrate every step towards independence - because every achievement, big or small, matters.



Home for the holidays: Megan's special Christmas with family

For Megan, the holidays are an especially meaningful time to connect with loved ones. Living 225 km away in Warooka, Megan's family home is a long journey to make - but one she treasures deeply.

Thanks to the dedication of her Cara support team, Megan was able to spend Christmas with her family. On 24 December, staff drove her to Warooka, ensuring she arrived safely to enjoy the festive season. Megan stayed with her family until 27 December, with staff coordinating both the drop-off and pick-up for the 3-hour drive each way.

To make her stay more comfortable, a lifter was also provided, ensuring Megan's needs were fully supported during her visit.

Megan's mum expressed her heartfelt gratitude, sharing how much it meant to have the whole family together for such a special time of the year. For Megan, this trip was a wonderful opportunity to reconnect with cherished family, create joyful memories, strengthen her sense of purpose and deepen her feeling of belonging.

We are proud to support moments like these, ensuring our clients can enjoy meaningful experiences that enhance their lives and relationships.