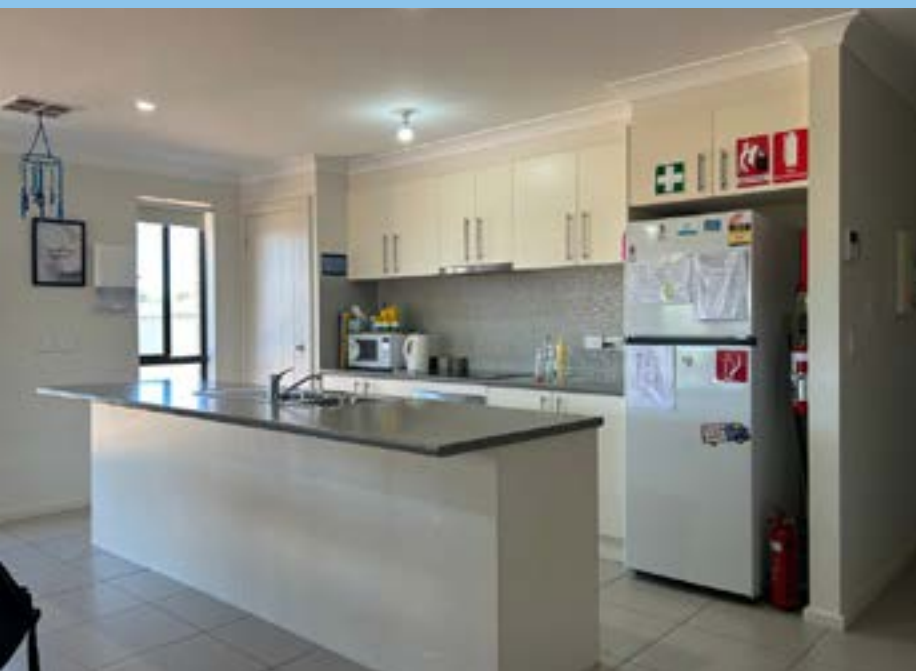


Short Term Respite (STR) Port Augusta

Enjoy a relaxing getaway in Port Augusta with Cara's supportive short-term stay





A home away from home

Cara's Port Augusta Short Term Accommodation (STA) is a welcoming home in the heart of the Spencer Gulf region, offering:

- 2 client bedrooms
- 1 sensory room
- Shared open-plan kitchen, living and meals areas
- Large backyard
- Spacious undercover BBQ area
- Heating and cooling for year-round comfort

Relax and enjoy

STRs are staffed by Cara's caring, qualified and enthusiastic team who work with you so you get the break you deserve. They will get to know you, your needs and interests, what you enjoy doing for fun and what you don't, so you can have a great time while staying with Cara.

Staying in STR provides an opportunity for you to increase your independence, grow in confidence, enjoy new experiences and meet other like-minded people. STR can also provide a great stepping stone to Supported Independent Living (SIL). Many of Cara's SIL clients started their journey with Cara in STR.

Why choose Cara?

- As one of South Australia's leading disability providers we have **unparalleled depth of knowledge and skills**.
- We have a team of professionals who are **experts in their field** and provide guidance on how to best support you.
- We have robust **quality and safeguarding** systems, policies and procedures to ensure you receive the best support.

Let's talk

Contact our Intake team by emailing welcome@cara.org.au or phone 08 8347 4588.

For more information go to our website www.cara.org.au

