

Short-Term Accommodation

Whether it's for a break, a transition, or a change of scenery, Cara's Short Term Accommodation (STA) offers a safe space where people with disability feel supported and at ease across metro and regional South Australia. *We're not a disability service; we're a possibility service.*



Come and stay

We **design** every activity **around your interests, goals, and aspirations**, so no two experiences are the same. You might choose to explore local attractions, enjoy outdoor adventures, or take part in creative sessions like art, music, or cooking. For those who love learning, we can focus on building **practical skills**, such as shopping, meal preparation, or using public transport, so you feel more confident and independent.



Social connection is a big part of respite, so there are plenty of opportunities to meet new people, share experiences, and have fun together. Whether you prefer quiet relaxation or active outings, we'll make sure your time with us is enjoyable, meaningful, and tailored to you.

Looking for temporary accommodation while waiting for your long-term home? Cara's **Medium Term Accommodation (MTA)** provides eligible NDIS participants with a supportive place to stay for up to 90 days while transitioning to permanent housing arrangements.

Our NDIS Short-Term & Medium-Term Accommodation is available across metro and regional Adelaide, giving you the flexibility to choose a location and activities that suit your lifestyle.

Relax and enjoy

Whether you're looking for a peaceful country escape, a coastal getaway, a city-based stay or a place to build confidence and new skills, Cara offers a range of welcoming Short Term Accommodation (STA) options across South Australia.

Spend time at our purpose-built **Farm Stay** in the **Adelaide Hills**, where you can connect with nature, enjoy farm animals and unwind in a tranquil rural setting. Choose **Greenacres** for a comfortable, family-style home in **Adelaide's north-east**, or **Morphettville**, ideally located between the city and the beach with spacious indoor and outdoor living areas. In **regional South Australia**, enjoy a relaxing stay in **Port Lincoln**, our coastal retreat in the heart of the **Eyre Peninsula**, or experience the warmth of our **Port Augusta** home, featuring a dedicated sensory room and easy access to the **Spencer Gulf region**.

Each location is supported by Cara's experienced team and designed to provide a safe, comfortable stay where you can **enjoy new experiences, build independence, and make meaningful connections**.

Why choose Cara?

Once you've transitioned to our service, our **dedicated teams** will:

- **Regularly check in** with you and your circle of support to hear your feedback on our service.
- Help you to **access supports** within your budget.
- Assist you or your Support Coordinator to have your **plan reassessed**.
- **Schedule** your services.
- Dedicate a **single point of contact** at Cara for you and your support network.
- Stay up-to-date with the **latest NDIS changes**.

Let's Talk!

Contact our Intake Team
P: 8243 5000
E: welcome@cara.org.au
W: www.cara.org.au

Scan the QR
to learn more



WHERE

DISABILITY

IS DIFFERENT