YOUR CARA COMPASS

THE GUIDE TO TRUSTED INFORMATION, PRACTICAL RESOURCES AND NEW POSSIBILITIES.

Sometimes, the hardest part isn't finding an answer. It's knowing where to start.

Whether you're exploring the NDIS, preparing for an emergency, supporting a family member or looking for reliable disability news and information, it can be difficult to know which sources to trust.

YOUR STARTING POINT

That's why we created **Cara Compass.**

Cara Compass is a free online resource hub that brings together practical tools, helpful information and trusted links in one easy-to-access place. Designed for people living with disability, families, carers and support networks, it makes finding useful information simpler and less overwhelming.

GROWING TOGETHER

From emergency planning and community services to disability news and government resources, **Cara Compass** connects people with information that can support everyday life, increase confidence and open new opportunities.

And this is only the beginning.



As the needs of our community grow and change, so too will **Cara Compass**. New resources will continue to be added, creating a growing library of information that people can return to whenever they need guidance, support or inspiration.

GUIDING THE WAY

At Cara, we believe that access to the right information can make a real difference. Whether you're searching for answers today or planning for tomorrow, **Cara Compass** is here to help you navigate the journey ahead.

Explore **Cara Compass** and discover a growing collection of free resources, tools and information designed to support inclusion, independence and everyday success.

EXPLORE TODAY: CARA COMPASS

Image Description: **Megan**, Cara Client, with Support Worker **Miriam.**